

Janet's Tea Loaf

Large cup of mixed dried fruit

Large cup of muscavado sugar

(or soft brown)

Large cup of strong cold back tea

(I leave my fruit in this cold tea overnight including the tea bag just remember to remove it before adding to the dry ingredients)

1/2 tsp mixed spice

1 egg

8oz Self Raising flour

Mix all dry ingredients together

Add the egg

Add the mixed fruit and tea

Stir well

Pour into a lined 1lb loaf tin

Centre of oven 180* for 45 to 60 mins

Adjust according to ordinary or fan oven

Leave to cool

Enjoy with butter and a tea or coffee

My large cup holds 250ml