



# Specialist Pelvic Health Physiotherapy

Highly-specialist pelvic health physiotherapy available locally  
at VBHealth in Grasscroft

Conditions include Urinary incontinence, Over-active bladder,  
Pelvic organ prolapse, Bowel dysfunctions, Muscle imbalances,  
Female pelvic pain, Ante/post-natal physiotherapy, Rehab  
following gynae-surgery

NO WAITING LIST

Saturday appointments available

For more information visit [www.primepelvicphysio.co.uk](http://www.primepelvicphysio.co.uk) or for  
enquiries email [sarah@primepelvicphysio.co.uk](mailto:sarah@primepelvicphysio.co.uk) or call

07720215200